

# **Ultimate Adventure Tour 3D2N**

It just isn't possible to explore rural Borneo by any other means which will allow for such an intimate cultural and adventurous experience. The mystique and commanding presence of Mount Kinabalu throughout this ride provides a vista that changes almost minute by minute and by the end of the third day, riders feel a deep connection with one of the world's most unique mountains.

Join Borneo's most amazing mountain bike expedition only available with Bike Borneo. If you really want to get out and explore Sabah, join us on a three day adventure of a lifetime – biking the foothills of Mount Kinabalu. We pass through remote villages, cross rivers and trek through secondary rainforest. This expedition is as far from the tourist trail as you can get. Some sections are too rough for bikes so they are transported ahead while we trek through the jungle. We have good bikes; otherwise you can bring your own bike. The ride is fully supported by vehicles and at least one riding guide will accompany the riders at all times. First aid kit and rescue equipment are all standard for the riding guide.

## Itinerary

Day 1 – You will be collected from your hotel in Kota Kinabalu before being driven to Kiau Valley where we will begin the ride. We then ride down through Kiau Valley to Kampung Kaung (20KM ride) with excellent views of the jungle-clad valley and Mount Kinabalu. When we get to the end of the ride able trail, we put the bikes onto the truck and from here we walk through Kampung Kaung where we begin the jungle trek (If weather permits). We make a few river crossings until we arrive at the paddy fields of Kampung Tambatuon where we overnight in the village community homestay. There are comfortable dorms and a huge veranda facing the granite walls of the western flanks of Mount Kinabalu. In the evening, there will be a sit-down dinner of local cuisine prepared by our guides with local rice wine to chat through the days thrills while the team service the bikes and get ready for the second days adventure.

Day 2—This is a full day in the saddle. We head north on mostly gravel roads for 25km, stopping to swim in cool rivers and entertain the bemused locals. There are lots of cool drinks supplied by the support vehicle along the way. We stop for some local cuisine at the quiet frontier town of Taginambur for lunch. We then continue riding to our hotel in Kota Belud, a bustling district town just north of Mount Kinabalu. Tonight, we will have dinner at Joe's café (Dinner location will be advice upon guest's strict diet), a piece of Kota Belud's history, very popular among the allies during the WW, and a home town for one of the tribes in Sabah, known as Bajau or sea gypsy. Originally

from the south of Philippines, they have been settled down on the coast from many years ago, and establish their horse riding skills, thus they have been also called the Cowboys of the East.

## Day 3 Military Camp (Paradise Camp)

15kms of riding on very scenic and quite hilly roads with almost no traffic (but plenty of cows!) and stunning views of the northern gullies of mount Kinabalu, including the infamous Low's Gully. The mountain of Tamboyukon, Sabah's 3rd highest peak sits in the foreground, forbidding in its jungle shroud. A full day in the saddle. Today's journey will take us to the military camp or known as Paradise Camp. This camp was built by the British and Australian soldiers during the Second World War as an outpost to stop the advancing Japanese soldiers from the North of Borneo. We continue on sealed road before we enter the gravel section in the jungle for 15kms before we finish the ride by the river. Take a well-deserved swim in the river while our guides loading the gears back in the support vehicle and ready to transfer to lunch. There is a changing room as well. The drive back to Kota Kinabalu takes about 3 hours.

### \*\*Optional Day 3 Ride

Depending on your health/fitness level on the second day, if you feel the two days ride are very hard and tiring, you can request with the guide for a friendly medium ride on the 3<sup>rd</sup> day. Be careful not to push yourself beyond your limit, or otherwise there might be risk of faint and injury happen!

#### Notes:

This Tour is almost totally away from other tour destinations, you may not see any other tourists. If at any time you feel unwell or need a rest, there is a vehicle close by. Our guides are all trained in first aid and we carry comprehensive first aid kits.

## Pre-requisites:

- An adventurous spirit
- A good level of fitness or an incredibly resilient sense of humour
- Reasonable biking skills

#### Included:

- Qualified Guides
- Transportation
- Snacks
- All food and board
- Drinking water
- First aid kit
- Mountain Bike
- Helmet

Accommodations

## Packing list:

- Riding shorts X 2 pairs
- Sun cream/lotion Important
- Personal medication/toiletries
- Large personal bag which will be carried in the support vehicle
- Riding footwear and slippers Important
- Helmet (if you have your own)
- Gloves Important
- Hydration backpack
- Sunglasses Important
- Insect repellent Important
- Chamois cream